

Alexander Belser

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Dept. of Applied Psych.
246 Greene ST, 8th FL
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Education:

- 2018 – present **Yale University**
Clinical Research Fellow
Esteem Research Group, New York City, Yale School of Public Health
- 2012 – 2018 (expected) **New York University**
Ph.D. Candidate, Counseling Psychology
Fellow and Adjunct Professor, Dept. of Applied Psychology
- 2010 – 2011 **Columbia University Teachers College**
Coursework completed in M.A. program in Clinical Psychology
- 2004 – 2005 **Cambridge University**
M.Phil. Criminological Research
Thesis: Narratives of Drug Use by UK prisoners
- 2002 **Georgetown University**
B.A., English and Government
Honors Thesis, Department of Government
Graduated *magna cum laude*, Phi Beta Kappa

Fellowships and Academic Honors:

- 2015 Merit Scholarship, New York University Steinhardt School (\$18,000).
- 2015 Scholar Award, American Psychological Association (APA) Division 39.
- 2012 – 2015 Full Fellowship, New York University Steinhardt School: funding for Ph.D. Program (\$126,084).
- 2012 – 2015 Awarded fellowship stipends (\$72,990).
- 2012 – 2014 NIH—Funded Graduate Research Assistantship—Risk and Protective Factors for Suicide among Sexual Minority Youth (R01MH091212-01A1): New York University.
- 2011 Morton Deutsch Award for Social Justice, Columbia University.
- 2002 Honors Thesis: Government Department, Georgetown University.

2002 Graduated *magna cum laude*, Georgetown University College of Arts and Sciences.
2002 Member, *Phi Beta Kappa* National Honor Society.

Clinical Experience:

Jan. 2018 – present

Yale University, ESTEEM Research Lab, New York, NY
Clinical Research Fellow

Provided LGBTQ+ affirmative therapy to gay and bisexual young men as part of a randomized-controlled trial of a transdiagnostic minority stress approach.

- The treatment is designed to reduce co-occurring mental health problems, substance use, and HIV risk behaviors among young gay and bisexual men by targeting cognitive and affective minority stress processes.
- This clinical intervention draws from a variety of evidence-based treatments, including cognitive behavioral therapy, motivational enhancement therapy, mindfulness-based interventions, and exposure and response prevention, adapted to address unique stressors faced by sexual minorities.

Nov. 2017 – present

Phase 3 Trial of MDMA-Assisted Psychotherapy for the Treatment of Severe Posttraumatic Stress Disorder (PTSD), New York, NY
Sub-Investigator, Study Therapist

Provided clinical treatment to clients with severe PTSD as part of a national FDA-approved Phase 3 trial of MDMA-assisted psychotherapy.

- Received extensive clinical training from Dr. Michael and Annie Mithoefer in study therapy modalities.
- In previous trials, of the 107 participants with PTSD who received treatment, 68% no longer met criteria for PTSD at one-year follow-up after three sessions of MDMA-assisted psychotherapy
- All participants had chronic, treatment-resistant PTSD, and had suffered from PTSD for an average of 18 years.
- This trial was featured in the New York Times:
<https://www.nytimes.com/2016/11/29/us/ptsd-mdma-ecstasy.html>

July 2016 – June 2017

Mount Sinai Beth Israel, New York, NY
Psychology Intern

Conducted individual adult, child, family, and group psychotherapy in a psychiatric outpatient clinic and an inpatient hospital setting.

- Trauma therapist for child patients in the Child and Family Behavioral Health Service.
- Primary clinician for adult inpatients on inpatient psychiatric unit.
- Co-led a Dialectical Behavioral Therapy (DBT) Group for individuals.
- Co-led a Substance Use Recovery Group.
- Clinical supervisor, Brief Psychotherapy Research Program.

2006 – Present

NYU School of Medicine, New York, NY

Psilocybin Cancer Anxiety Clinical Trial

Founding Member, Administrative Director

This is a double-blind placebo-controlled crossover study investigating the efficacy of psilocybin-assisted psychotherapy in the treatment of anxiety in advanced cancer patients.

- Co-founded the project in 2006 with Drs. Jeffrey Guss, Tony Bossis, and Stephen Ross
- Author or co-author of three publications: (1) First author of qualitative study in *The Journal of Humanistic Psychology*, (2) study publication in *Psychopharmacology*, and (3) brief report in the *Journal for the Society of Integrative Oncology*.
- Lead Investigator for NYU Qualitative Study of psilocybin-assisted psychotherapy for cancer distress.
- Promoted to Administrative Director, having demonstrated five years of commitment to advancing the goals of the study initiative.
- Participated in public relations strategy sessions, leading to a front page article by the *New York Times*, stories by *Scientific American*, *Newsweek*, *The Atlantic*, *Rolling Stone*, and *The New Yorker*, and an estimated one billion online viewings from all media sources.

July 2015 – June 2016

Saint Barnabas Hospital, Bronx, NY

Psychology Extern

Trained on three rotations: an adult psychiatric inpatient unit, a psychiatric emergency room, and a hospital nursing home for patients with medical conditions.

- Emergency Room crisis intervention: assessed adults and adolescents presenting with a variety of concerns, including acute trauma, symptoms of psychosis, and suicide attempts.

- Treated patients with schizophrenia, schizoaffective disorder, bipolar disorder I, substance use disorder, PTSD, multiple sclerosis (MS), quadriplegia, and with histories of complex trauma.
- Led four psychotherapy groups per week for patients with severe and persistent mental illness on the adult inpatient units.

June 2013 – May 2015

National Institute for the Psychotherapies (NIP), New York, NY
Psychology Extern

Provided individual psychotherapy to culturally diverse clients in an outpatient mental health facility.

- Treated patients for long-term psychotherapy (greater than one year), allowing for an in-depth exploration of psychodynamic processes.
- Treated patients with a frequency of two sessions per week for durations greater than one year.

April 2014 – December 2014

Psychological Testing for the New York State Adult Career & Continuing Education Services (ACCES-VR)
Psychology Extern

Conducted comprehensive psychological evaluations of the client's current intellectual, academic and emotional functioning as an aid to vocational planning.

- Completed seven integrated testing batteries, including for the Office for People with Developmental Disabilities (OPWDD) and New York State ACCES-VR (Vocational Rehabilitation).

2009 – 2010

Bellevue Hospital Center
Inpatient Dual Diagnosis Unit, 20 East, NYC
Supervisor: Stephen Ross, MD
Psychiatric Intern

Trained on this inpatient psychiatric 30-bed unit for patients with co-occurring substance use disorder and severe and persisting mental illness.

- Employed a behavioral treatment model combined with peer management techniques and psycho-educational programs
- Conducted motivational interviewing with patients regarding their substance use behaviors.
- Assisted music therapist in group music and art therapy interventions.

2004 – 2005

**Institute of Criminology & The Mount Prison,
Cambridge University
Hertfordshire, England**
Prison Institutional Researcher

Conducted semi-structured interviews with incarcerated men in a north London prison. Area of research: substance use behaviors and criminal offending behaviors

1998 – 2002

**Georgetown Prison Outreach Programs, Washington, D.C.
Georgetown Center for Social Justice Research, Teaching & Service**
Program Director

Managed a program providing educational services to over 500 incarcerated men, women and detained juveniles.

- Supervised 100 volunteers and grew the program to become one of Georgetown's largest social justice initiatives.
- Sites included: Oak Hill Juvenile Detention Facility in Maryland, Lorton Prison in Virginia, and Arlington County Detention Facility in Virginia.
- Supervised a group of ten volunteer mentors and at-risk boys incarcerated at a juvenile detention facility

Research Experience:

Jan. 2018 – present

Yale University, ESTEEM Research Lab, New York, NY
Clinical Research Fellow

Conduct clinical intervention efficacy and effectiveness research for a randomized-controlled trial mental health treatments developed by and for lesbian, gay, bisexual, and transgender (LGBT) individuals.

2006 – Present

NYU School of Medicine, New York, NY
Research Program

- Lead Investigator, NYU Psilocybin Cancer Anxiety Qualitative Study, an interview study investigating psilocybin-assisted psychotherapy for

distress among cancer patients.

- Co-Primary Investigator of the NYU Psilocybin Alcohol Dependence Qualitative Study, in which psilocybin treatment is being developed as an intervention for refractory alcoholism.
- Designated Interviewer, Religious Leaders Study, a qualitative study of religious and spiritual leaders who are administered psilocybin at both NYU and Johns Hopkins University.

2015 – 2017

Compass Pathways

Consultant, Research Protocol Design; Member, Research Advisory Board

- Compass Pathways is a medical research foundation that supports innovation in mental health through translational research, primarily in Europe
- Co-authored a research protocol for a European multicenter randomized controlled pragmatic trial: “The Effect of Psilocybin-Assisted Therapy for Psychological Distress in Patients with a Cancer Diagnosis.”

2012 – Present

Dept. of Applied Psychology, New York University, New York, NY

Steinhardt Fellow, NIH—Funded Graduate Research Assistantship

Research Lab of Arnold H. Grossman, Ph.D.

Risk and Protective Factors for Suicide among Sexual Minority Youth (R01MH091212-01A1): New York University. This five-year NIH-funded longitudinal research study is designed to follow a diverse sample of lesbian, gay, bisexual and transgender (LGBT) youth, ages 15-24, and to examine changes in constellations, magnitudes, and developmental sequences of risk and protective factors for suicidal behaviors with a particular emphasis on the major components of the interpersonal psychological theory of suicide.

- Supervise master’s students with literature reviews and other doctoral students in the scoring of self-harm and suicide assessments. Conduct inter-rater reliability analyses.
- Determine selections of psychosocial instruments to include in the longitudinal study.
- Run analyses testing risk and protective factors for suicide among LGBT youth incorporating a variety of statistical techniques (R

programming; IBM SPSS Statistics 21).

- Conduct exploratory factor analyses, confirmatory factor analyses, and structural equation modeling (MPlus).
- Evaluate multi-level longitudinal models using growth curve analysis and nested-data analysis (Stata).
- Perform hierarchical multiple regression, moderation and mediation analyses in (R) statistical programming language.

2010 – 2012

New York State Psychiatric Institute (PI)

Research Assistant & Co-Author

Research Lab of Helen Verdeli, Ph.D.

Areas of research include: global mental health; interpersonal psychotherapy; treatment adaptation; treating depression in military spouses; stigma among racial minority young adults in criminal justice; training of Haitian clinicians to provide mental health interventions in post-earthquake Haiti.

- Coauthored a peer-reviewed article examining how stressors relating to deployment to the wars in Iraq and Afghanistan may contribute to depression in military spouses and its effects on service members and children. The article was published in the *APA Journal of Family Psychology* (Verdeli, Bailey, Vousoura, Belser, Singla, Manos, 2011).
- Coauthored a second peer-reviewed article, outlining a group adaptation of interpersonal psychotherapy for the treatment of depression in military spouses. The article was published in the *Journal of Educational and Developmental Psychology* (Verdeli, Bailey, Vousoura, Belser, Singla, Manos, 2011).
- Contributed as a research assistant to an empirical article in the *Annual Review of Clinical Psychology* that provides a comprehensive review of interpersonal psychotherapy.

2010 – 2012

Columbia University Teachers College, New York, NY

Research Assistant & Co-Author

Research Lab of Elizabeth Midlarsky, Ph.D.

Areas of research include: altruism; prosocial behavior in later life; the health impact of volunteering; philanthropy; bipolar disorder and other cycling mood disorders; mood-monitoring using validated assessments on mobile devices.

- Co-authored a chapter in the *Oxford Handbook of Prosocial Behavior*, in which we present a model for altruism in later life (Midlarsky, Kahana, & Belser, 2015).
- Reviewed the assessment and treatment of bipolar disorder and other cycling mood disorders using mobile devices such as iPhones.

2005 – 2006

Vera Institute of Justice (formerly Family Justice), New York, NY
Policy Associate

Directed an initiative to design and test a new assessment instrument for use in corrections: the Relational Inquiry Tool (RIT). The RIT is a strengths-based assessment used by corrections officers to engage individuals under criminal justice supervision, including inmates, probationers, and parolees.

- The relational assessment is used as a complement to standard risk and needs assessments; it is used to identify existing familial and social resources that may be utilized in the reentry process from prison to home.
- Formed the National Advisory Board of key stakeholders and academics to shepherd the initiative.
- Tested the assessment with 100 incarcerated individuals at five sites: Michigan Department of Corrections; Ohio Department of Rehabilitation and Correction; Massachusetts Executive Office of Public Safety; Oklahoma Department of Corrections; Safer Foundation in Chicago.

Non-Clinical Professional Experience:

2006 – Present

Vice President, Data Scientist
Cantor Fitzgerald, New York, NY

Manage front-office trading and sales data analyses for the Debt Capital Markets and Equity Capital Markets Divisions. Duties include internal project development, complex statistical modelling, internal compliance auditing, and business disaster recovery operations.

- Promoted to Vice President from Assistant Vice President, 2009.
- Founder, Socially Responsible Investing (SRI) Initiative.
- SQL programmer, Sybase, MYSQL and SQL Server.

2006 – 2009

Small Business Owner

Bark Slope LLC, Brooklyn, New York

Incorporated a Limited Liability Company in New York State. Managed a Brooklyn-based dog-walking and house-sitting bonded business. Hired and employed two staff associates.

2002 – 2004

Manager of Information Technology and Paralegal

*United States Department of Justice, Office of Consumer Litigation
Washington, D.C.*

Teaching Experience:

Fall 2014

Department of Applied Psychology, New York University

Adjunct Professor

APSY-GE 2658: Individual Counseling Practice I (master's level course).

Taught graduate students in seminar focused on basic counseling skills necessary in developing rapport, interviewing, and providing psychotherapy to clients.

Spring 2011

Department of Clinical Psychology, TC, Columbia University

Teaching Assistant

Course: CCPX 4037, Cognitive Behavioral Theory in Clinical Populations (master's level course). Professor: Helen Verdeli, Ph.D. Co-taught a class

reviewing research on the efficacy and effectiveness of CBT as a treatment for depression and CBT clinical techniques. Facilitated a class on CBT treatment for Panic Disorder & Agoraphobia. Graded midterms and final exams.

Spring 2002

English Department, Georgetown University

Teaching Assistant

Course: Composition, Modules on Virtual Writing (undergraduate course).

Professor: Patricia E. O'Connor, Ph.D. Instructed Georgetown undergraduates in how to successfully adapt their writing to an online platform. Provided technical guidance regarding website development and deployment.

Fall 1998

Government Department, Georgetown University

Teaching Assistant

Course: GOVT-008, United States Political Systems (undergraduate course). Professor: Mark Lance, Ph.D. Taught federal inmates at Lorton

Prison in Virginia in a progressive teacher/student exchange model. Graded student papers to foster better core writing and research skills. Facilitated weekly small group discussions on United States political systems.

2002 – 2004

Arlington County Jail, Arlington, VA
Instructor, Prison Computer Literacy

Grants:

2013

Heffter Research Institute.

Patient experiences of psilocybin-assisted psychotherapy: An interpretative phenomenological analysis.

School of Medicine, New York University

\$50,000. [Belser, Alexander: Principal Investigator].

2005 – 2007

Robert Wood Johnson Foundation

Developing a Relational Inquiry Tool for use in Probation and Parole.

\$200,000. Awarded to Family Justice, now a part of the Vera Institute of Justice, New York, NY. [Belser, Alexander: Grant Writer/Contributor].

Publications:

Malone, T. C., Mennenga, S. E., Guss, J., Podrebarac, S. K., Owens, L. T., Bossis, A. P.,

Belser, A. B., Agin-Liebes, G., Bogenschutz, M. P., Ross, S. (2018 in press).

Individual experiences and trajectories of change in cancer patients following psilocybin-assisted psychotherapy. *Frontiers in Pharmacology*.

Belser, A. B., Agin-Liebes, G., Swift, T. C., Pilgreen, S., Devenot, N., Friedman, H. L.,

Guss, J., Bossis, A., Ross, S. (2017). Patient experiences of psilocybin-assisted

psychotherapy: An interpretative phenomenological analysis. *Journal of Humanistic Psychology*, 0022167817706884, 1-35.

Swift, T. C*., **Belser, A. B.***, Agin-Liebes, G.*, Terrana, S., Devenot, N., Friedman, H. L.,

Guss, J., Bossis, A., Ross, S. (2017). Cancer at the dinner table: Experiences of

psilocybin-assisted psychotherapy for the treatment of cancer-related psychological

distress. *Journal of Humanistic Psychology*, 0022167817715966, 1-32. [* First

authors who contributed equally to the work.]

Ioverno, S., **Belser, A. B.**, Baiocco, R., Grossman, A. Russell, S.T., (2016). The protective

role of gay-straight alliances for lesbian, gay, bisexual, and questioning students: A

prospective analysis psychology of sexual orientation and gender diversity.

Psychology of Sexual Orientation and Gender Diversity, 3(4), 397-406.

- Ross, S., Bossis, A., Guss, J., Agin-Liebes, G., Malone, T., **Belser, A. B.**, Kalliontzi, K., Cohen, B., Babb, J., Zhe, S., Corby, P., Schmidt, B. (2016). Sustained Reductions in Cancer-Related Anxiety and Depression with Psilocybin. *Journal of Psychopharmacology*, 30(12), 1165-1180
- Yaden, D. B., Le Nguyen, K. D., Kern, M. L., **Belser, A. B.**, Eichstaedt, J. C., Iwry, J., Smith, M. E., Wintering, N. A., Hood, N., A., Newberg, A. B. (2016). Of roots and fruits: A comparison of psychedelic and non-psychedelic mystical experiences. *Journal of Humanistic Psychology*, 1, 1-16.
- Midlarsky, E., Kahana, E., and **Belser, A. B.** (2015). Prosocial behavior in later life. In D. A. Schroeder & W. Graziano, (Eds.) *Oxford handbook of prosocial behavior*. Oxford: Oxford University Press.
- Verdeli, H., Bailey, C., Voursora, E., **Belser, A. B.**, Singla, D., Manos, G. (2011). A group adaptation of Interpersonal Psychotherapy for the treatment of depression in military spouses: IPT-GMS. *Journal of Educational and Developmental Psychology*, 1(1), 118-126.
- Verdeli, H., Bailey, C., Voursora, E., **Belser, A. B.**, Singla, D., Manos, G. (2011). The case for treating depression in military spouses. *Journal of Family Psychology*, 25(4), 488-496. doi: 10.1037/a0024525

Manuscripts in Preparation:

- Belser, A.**, Russel, S. T., Grossman, A. H. (2017). An application of the interpersonal theory of suicide among LGB youth: Sexual orientation victimization as a population-specific risk factor. Manuscript in preparation.
- Belser, A.**, Russel, S. T., Grossman, A. H. (2017). Social support of victimized lesbian, gay, and bisexual youth. Manuscript in preparation.

Conference Presentations & Grand Rounds:

- Belser, A.B.** (2017, April) *Of roots and fruits: a comparison of psychedelic and non-psychedelic mystical experiences*. Paper presented at the Psychedelic Science 2017 Conference, Oakland, CA.
- Swift, T. C., **Belser, A.B.** (2017, April) *Cancer at the dinner table: experiences of psilocybin-assisted psychotherapy for the treatment of cancer-related psychological distress*. Paper presented at the Psychedelic Science 2017 Conference, Oakland, CA.
- Belser, A. B.** (2017, May). *Psilocybin-assisted psychotherapy for anxiety and depression in*

cancer patients: A randomized clinical trial. Grand Rounds, Mount Sinai Beth Israel Hospital, May 2017.

- Belser, A.B.** (2016) *Real, relational, and embodied: The first qualitative study of patient experiences of psilocybin-assisted psychotherapy.* Paper presented at the Interdisciplinary Conference on Psychedelics Research (ICPR), Holland.
- Belser, A.B.,** Doblin, R., Griffiths, R., Richards, W. (2016) *Psychedelics and Spirituality Panel.* Interdisciplinary Conference on Psychedelics Research (ICPR), Holland.
- Belser, A.B.,** Doblin, R., Feilding, A., Garcia, A., Gorman, I. Holland, J. (moderator) (2015) *What's the latest psychedelic research telling us?* Panel Discussion, 2015 International Drug Policy Reform Conference, Rosslyn, VA.
- Belser, A. B.,** Agin-Liebes, G., Swift, T. C., Ross, S (2015, May). *Psilocybin-administration as a treatment for anxiety in cancer patients: An interpretative phenomenological analysis.* Paper presented at the Society for Qualitative Inquiry in Psychology (SQIP) 2015 Annual Conference Symposium, The Graduate Center, City University of New York New York, NY.
- Frank, J. A., **Belser, A. B.,** Barletta, Z. Y., McCutcheon, M. J., Russell, S. T., Grossman, A. H. (2014, August). *Potential mediators explaining elevated suicide ideation among bisexual male youth.* Paper presented at the American Psychological Association Convention, 2014, Washington, DC.
- Belser, A. B.,** Paleos, C. & Guss, J. (2014). *Toward a New Understanding of Non-Ordinary States of Consciousness: Egoysis and Egoytic States.* Paper presented at the Horizons Conference 2014, New York, NY.
- Belser, A. B.,** McCutcheon, M., Young, D., Frank, J., Russell, S., Grossman, A. H. (2014, March). *Do minority stressors predict negative outcomes among today's LGBQ youth? Paper discussion symposium: Bullying-victimization of LGBQ youth: roles of education, parents, and gender non-conformity.* Paper presented at the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
- Frank, J., Young, D., Greenblatt, C., McCutcheon, M., **Belser, A. B.,** Russell, S., Grossman, A. H. (2014, March). *The impact of school-based victimization and positive parental reactions to sexual identities on LGBQ youth. Paper discussion symposium: Bullying-victimization of LGBQ youth: roles of education, parents, and gender non-conformity.* Paper to be presented at the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
- Grossman, A. H., **Belser, A. B.** (2013, June) *Bullying, mental health issues, and suicide among LGBTQ youth.* Paper presented at the 1st International LGBT Psychology Conference, Lisbon, Portugal.
- McCutcheon, M. J., **Belser, A. B.,** Frank, J. A., Greenberg, M. B., Grossman, A. H., &

Russell, S. T. (2013, April). *Racial stress and LGBT stress as predictors of suicide ideation*. Paper presented at the Conference of the Society for Research in Child Development, Seattle, WA.

Belser, A. B. (2012). *The rule of three from NYU: (1) A patient speaks, (2) A proposed narrative study of patient experiences, and (3) Recent findings from the NYU Psilocybin Cancer Anxiety Study*. Paper presented at the Horizons Conference 2012, New York, NY.

Belser, A. B. (2010). *The New York University Psilocybin Cancer Anxiety & Spirituality Project*. Paper presented at the New York Academy of Medicine, Conference of the Society for Integrative Oncology, New York, NY.

Conference Posters:

Barletta, Z., **Belser, A.B.**, Frank, J., Russell, S., Grossman, A. H. (2015, August). *The role of nonsuicidal self-injury in suicidality among LGBQ youth*. Poster, American Psychology Association's 2015 Convention, Toronto, Canada.

Frank, J. A., McCutcheon, M. J., **Belser, A. B.**, Goulding, J., Huynh, P. P. T., Greenberg, M. B., Russell, S. T. & Grossman, A. H. (2013, November) *Suicidal ideation and parental reactions to LGBT identity disclosure*. Poster presented at the American Public Health Association's 2013 Annual Meeting, Boston, MA.

Frank, J. A., Goulding, J., McCutcheon, M. J., **Belser, A. B.**, Greenberg, M. B., Grossman, A. H. & Russell, S. T. (2013, April) *Social support and suicide resilience*. Poster, Conference of the Society for Research in Child Development, Seattle, WA.

Belser, A. (2011). *The intersection of substance use and offending behaviors as disclosed by inmates in a United Kingdom prison*. Poster, American Psychology Association's 2011 Convention, Washington, D.C.

Belser, A. (2011). *Psychosocial distress in advanced cancer patients: an overview of psilocybin-assisted psychotherapy and the ongoing New York University Phase II pilot study*. Poster, American Psychology Association's 2011 Convention, Washington, D.C.

Invited Lectures:

Belser, A. B. (2016). *Psilocybin-assisted psychotherapy and psychedelically occasioned mystical experiences: A preview of recent findings*. Invited Speaker, Yale School of Medicine, New Haven, CT.

- Belser, A. B.** (2016). *Psilocybin treatment for anxiety and depression in patients with life-threatening cancer: A randomized clinical trial*. Invited Speaker, University Medical Center of Utrecht, Holland.
- Belser, A. B.** (2014). *Person-centered therapy: an introduction to the Rogerian approach*. Invited Speaker, New York University undergraduate class, New York, NY.
- Belser, A. B.** (2013). *A mixed methods framed critique of psilocybin-assisted psychotherapeutic intervention research*. Invited Speaker, Presentation, Albert Einstein College of Medicine, New York, NY.
- Belser, A. B.** (2013). *Psilocybin-Assisted Psychotherapy as a Treatment for Cancer Anxiety*. Invited Speaker, Presentation, Integral New York, New York, NY.
- Verdeli, H. & **Belser, A. B.** (2011). *Cognitive behavioral therapy for depression: an introduction to behavioral activation and problem-solving*. Class co-taught at Teachers College, Columbia University, course: CCPX 4037, Cognitive Behavioral Theory in Clinical Populations.
- Belser, A. B.** & Vousoura, E (2011). *Cognitive behavioral therapy for the anxiety disorders: A review*. Class lecture co-taught at Teachers College, Columbia University, course: CCPX 4037, Cognitive Behavioral Theory in Clinical Populations.
- Vousoura, E. & **Belser, A. B.** (2011). *Cognitive behavioral therapy for depression: A review*. Class lecture co-taught at Teachers College, Columbia University, course: CCPX 4037, Cognitive Behavioral Theory in Clinical Populations.
- Belser, A. B.** (2011). *Social and intellectual attitudes toward drug-induced religious experience: A review of the article by James Bakalar*. Lecture presented at the NYU Langone Medical Center of Excellence on Addiction.
- Belser, A. B.** (2011). *Mindfulness: Clinical interventions and a review of the physical and mental health benefits*. Lecture presented at the NYU Langone Medical Center of Excellence on Addiction.
- Belser, A. B.** (2010). *World tree on fire: toward a psychological model for engaging large scale disaster and death events*. Lecture presented at the Poetry Science Talks, New York, NY.
- Belser, A. B.** (2009). *Narratives of substance use*. Presentation to the clinical research team, Langone Center of Excellence, Bellevue Hospital.
- Belser, A. B.** (2008). *Making good: sense-making after nadir experiences*. Presentation to the clinical research team, New York University Medical Center.
- Belser, A. B.** & Appelbaum, L. (2005) *Strength-based assessments from intake to parole: Improving reentry outcomes*. Presentation to the Staff of Framingham Women's

Prison, Massachusetts Department of Corrections.

Belser, A. B. (2005). *Stories of drug use by UK prisoners*. Invited Lecture at the Cambridge University Summer Programme.

Belser, A. B. (2004-2005). *Designing community websites using Dreamweaver*. Course Instructor at Byteback, a community technology center (CTC) in Northeast Washington, D.C.

Belser, A. B. (2005). *Electronic evidence and data systems management*. Visiting Faculty, Course Presentation, National Advocacy Center, United States Department of Justice, Columbia, SC.

Belser, A. B. (2004). *E-Trial presentations*. Visiting Faculty Course Presentation, National Advocacy Center, United States Department of Justice, Columbia, SC.

Belser, A. B. (2002). *Service-Learning curriculum: Working with underprivileged populations*. Presentation before the Board of Trustees, Georgetown University College of Arts and Sciences.

University Service:

2014 – 2015 ***Co-Chair, Student Action Group***, NYU Dept. of Applied Psychology Doctoral Program.

2010-2011 ***Student Senator***, Clinical Psychology, Teachers College, Columbia University Student Senate.

2010-2011 ***Student Affiliate***, American Psychological Association.

2009 ***Affiliate***, American Psychological Association.

2004-2005 ***Elected Member***, Committee of Management, Cambridge University Law Faculty.

2004-2005 ***LGBT Representative***, Master's Committee, Queens' College of Cambridge University.

2004-2005 ***Elected Master's Representative***, Master's Degree Committee, Cambridge University Institute of Criminology.

Professional Qualifications:

Other Qualifications: Atlas.ti, computer-assisted qualitative data analysis software
Microsoft Access Database: multi-user application development
Advanced Proficiency in MS Office Suite: Excel, Word, PowerPoint
Assistant Yoga Instructor, Kusala Studio, Greenpoint, Brooklyn, NY, 2012

Programming: SQL Programming: Sybase, MYSQL and SQL Server

Adobe Flex development: database driven graphic user interfaces
Visual Basic for Applications (VBA)
Website Development: Dreamweaver and HTML coding

Statistical Packages: R statistical programming language
MPlus (factor analysis, structural equation modeling)
IBM SPSS Statistics 21
Stata (longitudinal growth curve analysis, nested-data analysis)