

**Licensed Psychologist, New York State**

License Number: 023346

**Education:**

2018 – 2019	<b>Yale University</b> <i>Clinical Research Fellow</i> Yale School of Public Health
2012 – 2019	<b>New York University</b> <i>Ph.D., Counseling Psychology</i> Fellow and Adjunct Instructor, Dept. of Applied Psychology
2010 – 2011	<b>Columbia University Teachers College</b> <i>Coursework completed in M.A. program in Clinical Psychology</i>
2004 – 2005	<b>Cambridge University</b> <i>M.Phil., Criminological Research</i>
2002	<b>Georgetown University</b> <i>B.A., English and Government</i> Honors Thesis, Department of Government Graduated <i>magna cum laude</i> , Phi Beta Kappa

**Fellowships and Academic Honors:**

2015	Merit Scholarship, New York University Steinhardt School (\$18,000).
2015	Scholar Award, American Psychological Association (APA) Division 39.
2012 – 2015	Full Fellowship, New York University Steinhardt School: funding for Ph.D. Program (\$126,084).

2012 – 2015	Awarded fellowship stipends (\$72,990).
2012 – 2014	NIH—Funded Graduate Research Assistantship—Risk and Protective Factors for Suicide among Sexual Minority Youth (R01MH091212-01A1): New York University.
2011	Morton Deutsch Award for Social Justice, Columbia University.
2002	Honors Thesis: Government Department, Georgetown University.
2002	<i>Magna cum laude</i> , Georgetown University College of Arts and Sciences.
2002	Member, <i>Phi Beta Kappa</i> , National Honor Society.

### Clinical and Professional Experience:

Jan. 2018 – Present	<b>Yale University</b> <i>Co-Investigator, Efficacy of Psilocybin in OCD: a Double-Blind, Placebo-Controlled Study</i>  <a href="https://clinicaltrials.gov/ct2/show/NCT03356483">https://clinicaltrials.gov/ct2/show/NCT03356483</a>
May 2023 – Present	<b>Cybin</b> <i>Consultant; Officer of Cybin, U.S.</i>
July 2023 – Present	<b>Happy</b> <i>Advisor</i> <a href="https://www.happythemovement.com/">https://www.happythemovement.com/</a>
Nov. 2020 – May 2023	<b>Cybin</b> <i>Chief Clinical Officer; Officer of Cybin, U.S.</i>  Cybin is a leading ethical biopharmaceutical company focused on progressing Psychedelics to Therapeutics by engineering proprietary drug discovery platforms, innovative drug delivery systems, novel formulation approaches and treatment regimens for mental health disorders.  Oversaw indication selection, clinical development plan, psychotherapy development, psychedelic facilitator training program, and sponsorship of clinical trials for both psilocybin and DMT analogues. Managed multi-million dollar annual budget and

over 50 contract consultants. Met with regulatory agencies in USA (FDA), Canada, and the UK (MHRA). Chaired Cybin's Clinical Advisory Board.

June. 2020 – Nov. 2020

**Adelia Therapeutics**

*Chief Clinical Officer*

Directed the Clinical Program investigating tryptamines and phenethylamines for a variety of treatment indications, leading to successful \$16MM acquisition of the company.

Jan. 2020 – Jan. 2021

**Nautilus Sanctuary**

*President and Co-Founder*

Nautilus Sanctuary, Inc. is the first non-profit center for psychedelic medicine on the east coast. Served as the Founding President, secured fiscal sponsorship from MAPS, and grew the organization to become the largest clinical site for MDMA research in the world.

Jan. 2018 – July 2019

**Yale University, ESTEEM Research Lab, New York, NY**

*Clinical Research Fellow*

Provided clinical supervision to psychologist trainees. Conducted LGBTQ+ affirmative therapy for gay and bisexual young men as part of a randomized-controlled trial of a transdiagnostic minority stress psychotherapy intervention.

Nov. 2018 – Oct. 2020

**MAPS Public Benefit Corporation: Phase 3 Trial of MDMA-Assisted Psychotherapy for the Treatment of Severe Posttraumatic Stress Disorder (PTSD), 17 John St, New York, NY**

*Study Therapist, Sub-Investigator*

Provided clinical treatment to clients with severe PTSD as part of a national FDA-approved Phase 3 trial of MDMA-assisted psychotherapy.

- Nov. 2017 – Oct 2018      **Affective Care, PLLC: Phase 3 Trial of MDMA-Assisted Psychotherapy for the Treatment of Severe Posttraumatic Stress Disorder (PTSD), 211 W 88th St, New York, NY**  
*Sub-Investigator, Study Therapist*
- Provided clinical treatment to clients with severe PTSD
- July 2016 – June 2017      **Mount Sinai Beth Israel, New York, NY**  
*Psychology Intern*
- Conducted individual adult, child, family, and group psychotherapy in a psychiatric outpatient clinic and an inpatient hospital setting. Treatments included Dialectical Behavioral Therapy (DBT), substance use recovery. Provided clinical supervision for the Brief Psychotherapy Research Program.
- 2006 – 2016      **New York University, New York, NY**  
*Psilocybin Cancer Anxiety Clinical Trial*  
*Founding Member, Administrative Director*
- This is a double-blind placebo-controlled crossover study investigating the efficacy of psilocybin-assisted psychotherapy in the treatment of anxiety in advanced cancer patients.
- July 2015 – June 2016      **Saint Barnabas Hospital, Bronx, NY**  
*Psychology Extern*
- Trained on three rotations: an adult psychiatric inpatient unit, a psychiatric emergency room, and a hospital nursing home for patients with medical conditions.
- June 2013 – May 2015      **National Institute for the Psychotherapies (NIP), New York, NY**  
*Psychology Extern*
- Provided individual psychotherapy to culturally diverse clients in an outpatient mental health facility.

April 2014 – December 2014 **Psychological Testing for the New York State Adult Career & Continuing Education Services (ACCES-VR)**  
*Psychology Extern*

Conducted comprehensive psychological evaluations of the client's current intellectual, academic and emotional functioning as an aid to vocational planning. Completed seven integrated testing batteries, including for the Office for People with Developmental Disabilities (OPWDD) and New York State ACCES-VR (Vocational Rehabilitation).

2009 – 2010 **Bellevue Hospital Center**  
**Inpatient Dual Diagnosis Unit, 20 East, NYC**  
*Supervisor: Stephen Ross, MD*  
*Psychiatric Intern*

Trained on this inpatient psychiatric 30-bed unit for patients with co-occurring substance use disorder and severe and persisting mental illness.

2004 – 2005 **Institute of Criminology & The Mount Prison,**  
**Cambridge University**  
**Hertfordshire, England**  
*Prison Institutional Researcher*

Conducted semi-structured interviews with incarcerated men in a north London prison. Area of research: substance use behaviors and criminal offending behaviors

1998 – 2002 **Georgetown Prison Outreach Programs, Washington, D.C.**  
**Georgetown Center for Social Justice Research, Teaching & Service**  
*Program Director*

Managed a program providing educational services to over 500 incarcerated men, women and detained juveniles.

- Supervised 100 volunteers and grew the program to become one

of Georgetown's largest social justice initiatives.

- Sites included: Oak Hill Juvenile Detention Facility in Maryland, Lorton Prison in Virginia, and Arlington County Detention Facility in Virginia.
- Supervised a group of ten volunteer mentors and at-risk boys incarcerated at a juvenile detention facility

## **Research Experience:**

Jan. 2018 – Aug. 2019

**Yale University, ESTEEM Research Lab, New York, NY**

*Clinical Research Fellow*

Conduct clinical intervention efficacy and effectiveness research for a randomized-controlled trial mental health treatments developed by and for lesbian, gay, bisexual, and transgender (LGBT) individuals.

2006 – 2020

**New York University, New York, NY**

*Research Program*

- Lead Investigator, NYU Psilocybin Cancer Anxiety Qualitative Study, an interview study investigating psilocybin-assisted psychotherapy for distress among cancer patients.
- Co-Primary Investigator of the NYU Psilocybin Alcohol Dependence Qualitative Study, in which psilocybin treatment is being developed as an intervention for refractory alcoholism.
- Designated Interviewer, Religious Leaders Study, a qualitative study of religious and spiritual leaders who are administered psilocybin at both NYU and Johns Hopkins University.

2015 – 2017

**Compass Pathways**

*Board Member, Research Advisory Board; Consultant, Research Protocol Design*

Co-authored a research protocol for a European multicenter randomized controlled pragmatic trial: "The Effect of Psilocybin-Assisted Therapy for Psychological Distress in Patients with a

Cancer Diagnosis.”

2012 – Aug. 2019  
NY

**Dept. of Applied Psychology, New York University, New York,**

*Steinhardt Fellow, NIH—Funded Graduate Research Assistantship*  
Research Lab of Arnold H. Grossman, Ph.D.

Risk and Protective Factors for Suicide among Sexual Minority Youth (R01MH091212-01A1): New York University. This five-year NIH-funded longitudinal research study is designed to follow a diverse sample of lesbian, gay, bisexual and transgender (LGBT) youth, ages 15-24, and to examine changes in constellations, magnitudes, and developmental sequences of risk and protective factors for suicidal behaviors with a particular emphasis on the major components of the interpersonal psychological theory of suicide.

- Supervise graduate students with literature reviews and regarding scoring of self-harm and suicide assessments. Conduct inter-rater reliability analyses.
- Determine selections of psychosocial instruments to include in the longitudinal study.
- Run analyses testing risk and protective factors for suicide among LGBT youth incorporating a variety of statistical techniques (R programming; IBM SPSS Statistics 21).
- Conduct exploratory factor analyses, confirmatory factor analyses, and structural equation modeling (MPlus).
- Evaluate multi-level longitudinal models using growth curve analysis and nested-data analysis (Stata).
- Perform hierarchical multiple regression, moderation and mediation analyses in (R) statistical programming language.

2010 – 2012

**New York State Psychiatric Institute (PI)**

*Research Assistant & Co-Author*

Research Lab of Helen Verdeli, Ph.D.

Areas of research include: global mental health; interpersonal psychotherapy; treatment adaptation; treating depression in military

spouses; stigma among racial minority young adults in criminal justice; training of Haitian clinicians to provide mental health interventions in post-earthquake Haiti.

2010 – 2012

**Columbia University Teachers College, New York, NY**

*Research Assistant & Co-Author*

Research Lab of Elizabeth Midlarsky, Ph.D.

Areas of research include: altruism; prosocial behavior in later life; the health impact of volunteering; philanthropy; bipolar disorder and other cycling mood disorders; mood-monitoring using validated assessments on mobile devices.

2005 – 2006  
NY

**Vera Institute of Justice (formerly Family Justice), New York,**

*Policy Associate*

Directed an initiative to design and test a new assessment instrument for use in corrections: the Relational Inquiry Tool (RIT). The RIT is a strengths-based assessment used by corrections officers to engage individuals under criminal justice supervision, including inmates, probationers, and parolees.

### **Non-Clinical Professional Experience:**

2006 – 2020

**Vice President, Data Scientist**

*Cantor Fitzgerald, New York, NY*

Manage front-office trading and sales data analyses for the Debt Capital Markets and Equity Capital Markets Divisions. Duties include internal project development, complex statistical modelling, internal compliance auditing, and business disaster recovery operations.

- Promoted to Vice President, 2009
- Founder, Socially Responsible Investing (SRI) Initiative
- SQL programmer, Sybase, MYSQL and SQL Server



2006 – 2009

**Small Business Owner**

*Bark Slope LLC, Brooklyn, New York*

Incorporated a Limited Liability Company in New York State. Managed a Brooklyn-based dog-walking and house-sitting bonded business. Hired and employed two staff associates.

2002 – 2004

**Manager of Information Technology and Paralegal**

*United States Department of Justice, Office of Consumer Litigation  
Washington, D.C.*

**Teaching Experience:**

Summer, 2019

**Department of Applied Psychology, New York University**

***Adjunct Instructor***

*APSY-GE 2634.001 Dynamics of Vocational Development (master's level course).*

Taught graduate students in seminar focused on foundations for a vocational perspective for the practice of psychotherapy, with an emphasis on market work, care work, and life co-construction.

Fall 2018, Fall 2014

**Department of Applied Psychology, New York University**

***Adjunct Instructor***

*APSY-GE 2658: Individual Counseling Practice I (master's level course).*

Taught graduate students in seminar focused on basic counseling skills necessary in developing rapport, interviewing, and providing psychotherapy to clients.

Spring 2011

**Department of Clinical Psychology, TC, Columbia University**

***Teaching Assistant***

*Course: CCPX 4037, Cognitive Behavioral Theory in Clinical Populations (master's level course).* Professor: Helen Verdeli, Ph.D. Co-taught a class reviewing research on the efficacy and effectiveness of CBT as a treatment for depression and CBT clinical techniques. Facilitated a class on CBT treatment for Panic Disorder

& Agoraphobia. Graded midterms and final exams.

Spring 2002

**English Department, Georgetown University**

***Teaching Assistant***

*Course: Composition, Modules on Virtual Writing (undergraduate course).* Professor: Patricia E. O'Connor, Ph.D. Instructed Georgetown undergraduates in how to successfully adapt their writing to an online platform. Provided technical guidance regarding website development and deployment.

Fall 1998

**Government Department, Georgetown University**

***Teaching Assistant***

*Course: GOVT-008, United States Political Systems (undergraduate course).* Professor: Mark Lance, Ph.D. Taught federal inmates at Lorton Prison in Virginia in a progressive teacher/student exchange model. Graded student papers to foster better core writing and research skills. Facilitated weekly small group discussions on United States political systems.

2002 – 2004

**Arlington County Jail, Arlington, VA**

***Instructor, Prison Computer Literacy***

**Grants:**

2013

***Heffter Research Institute.***

*Patient experiences of psilocybin-assisted psychotherapy: An interpretative phenomenological analysis.*

New York University

\$50,000. [Belser, Alexander: Principal Investigator].

2005 – 2007

***Robert Wood Johnson Foundation***

*Developing a Relational Inquiry Tool for use in Probation and Parole.*

\$200,000. Awarded to Family Justice, now a part of the Vera Institute of Justice, New York, NY. [Belser, Alexander: Grant Writer/Contributor].

## Books:

**Belser, A.B.,** Cavnar, C., & Labate, B.C. (eds.) (2022). *Queering Psychedelics: From Oppression to Liberation in Psychedelic Medicine*. Santa Fe, New Mexico: Synergetic Press.

Brennan, W & **Belser, A.** (in press). *EMBARC Psychedelic Therapy for Depression: A New Approach for the Whole Person*. Oxford University Press.

## Publications:

1. Brennan, B., Kelman, A., & **Belser, A. B.** (In press). A Systematic Review of Reporting Practices in Psychedelic Clinical Trials: Psychological Support, Therapy, and Psychosocial Interventions. *Psychedelic Medicine*.
2. Kelmendi, B., Kichuk, S. A., DePalmer, G., Maloney, G., Ching, T. H., **Belser, A.,** & Pittenger, C. (2022). Single-dose psilocybin for treatment-resistant obsessive-compulsive disorder: A case report. *Heliyon*, 8(12).
3. **Belser, A.B.,** & Keating, A (2022). A Queer Vision for Psychedelic Research: Past Reckonings, Current Reforms, and Future Transformations. In Belser, A.B., Cavnar, C., & Labate, B.C. (eds.) *Queering Psychedelics: From Oppression to Liberation in Psychedelic Medicine*. Santa Fe, New Mexico: Synergetic Press.
4. McKernan, S. & **Belser, A.B.** (2022). Best Practices for Assessing Sexual Orientation and Gender Identity in Psychedelic Clinical Trials: A Proposed Assessment. In Belser, A.B., Cavnar, C., & Labate, B.C. (eds.) *Queering Psychedelics: From Oppression to Liberation in Psychedelic Medicine*. Santa Fe, New Mexico: Synergetic Press.
5. **Belser, A.B.,** Cavnar, C., & Labate, B.C. (2022). Introduction to Queering Psychedelics. In Belser, A.B., Cavnar, C., & Labate, B.C. (eds.) *Queering Psychedelics: From Oppression to Liberation in Psychedelic Medicine*. Santa Fe, New Mexico: Synergetic Press.
6. Brennan, W., & **Belser, A. B.** (2022). Models of Psychedelic-Assisted Psychotherapy: A Contemporary Assessment and an Introduction to EMBARK, a Transdiagnostic, Trans-Drug Model. *Frontiers in Psychology*, 1879.
7. Gorman, I., **Belser, A. B.,** Jerome, L., Hennigan, C., Shechet, B., Hamilton, S., ... & Feduccia, A. A. (2020). Posttraumatic Growth After MDMA-Assisted Psychotherapy for Posttraumatic Stress Disorder. *Journal of Traumatic Stress*.
8. Malone, T. C., Mennenga, S. E., Guss, J., Podrebarac, S. K., Owens, L. T., Bossis, A. P., **Belser, A. B.,** Agin-Liebes, G., Bogenschutz, M. P., Ross, S. (2018). Individual experiences in four cancer patients following psilocybin-assisted psychotherapy. *Frontiers in Pharmacology*, 9,

256.

9. **Belser, A. B.**, Agin-Liebes, G., Swift, T. C., Pilgreen, S., Devenot, N., Friedman, H. L., Guss, J., Bossis, A., Ross, S. (2017). Patient experiences of psilocybin-assisted psychotherapy: An interpretative phenomenological analysis. *Journal of Humanistic Psychology*, 0022167817706884, 1-35.
10. Swift, T. C\*., **Belser, A. B.\***, Agin-Liebes, G.\*, Terrana, S., Devenot, N., Friedman, H. L., Guss, J., Bossis, A., Ross, S. (2017). Cancer at the dinner table: Experiences of psilocybin-assisted psychotherapy for the treatment of cancer-related psychological distress. *Journal of Humanistic Psychology*, 0022167817715966, 1-32. [\* First authors who contributed equally to the work.]
11. Ioverno, S., **Belser, A. B.**, Baiocco, R., Grossman, A. Russell, S.T., (2016). The protective role of gay-straight alliances for lesbian, gay, bisexual, and questioning students: A prospective analysis psychology of sexual orientation and gender diversity. *Psychology of Sexual Orientation and Gender Diversity*, 3(4), 397-406.
12. Ross, S., Bossis, A., Guss, J., Agin-Liebes, G., Malone, T., **Belser, A. B.**, Kalliontzi, K., Cohen, B., Babb, J., Zhe, S., Corby, P., Schmidt, B. (2016). Sustained Reductions in Cancer-Related Anxiety and Depression with Psilocybin. *Journal of Psychopharmacology*, 30(12), 1165-1180
13. Yaden, D. B., Le Nguyen, K. D., Kern, M. L., **Belser, A. B.**, Eichstaedt, J. C., Iwry, J., Smith, M. E., Wintering, N. A., Hood, N., A., Newberg, A. B. (2016). Of roots and fruits: A comparison of psychedelic and non-psychedelic mystical experiences. *Journal of Humanistic Psychology*, 1, 1-16.
14. Midlarsky, E., Kahana, E., and **Belser, A. B.** (2015). Prosocial behavior in later life. In D. A. Schroeder & W. Graziano, (Eds.) *Oxford handbook of prosocial behavior*. Oxford: Oxford University Press.
15. Verdeli, H., Bailey, C., Voursura, E., **Belser, A. B.**, Singla, D., Manos, G. (2011). A group adaptation of Interpersonal Psychotherapy for the treatment of depression in military spouses: IPT-GMS. *Journal of Educational and Developmental Psychology*, 1(1), 118-126.
16. Verdeli, H., Bailey, C., Voursura, E., **Belser, A. B.**, Singla, D., Manos, G. (2011). The case for treating depression in military spouses. *Journal of Family Psychology*, 25(4), 488-496. doi: 10.1037/a0024525

### Conference Presentations & Grand Rounds:

1. **Belser, A. B.** (2021, April). *Psychedelic Medicine*. Grand Rounds, Lenox Hill Hospital,

Northwell Health.

2. **Belser, A. B.** (2021, April). *Seven Controversies in Psychedelic Medicine: A Methodological Approach*. Invited Talk at the International Society for CNS Clinical Trials and Methodology (ISCTM).
3. **Belser, A. B.** (2020, November) *The Mystical Experience in Psychedelics: How a Diversity of Voices Help Us Embrace Different Ways of Knowing*. Hosted by Synthesis Institute.  
<https://www.synthesisinstitute.com/psychedelic-practitioner-training>
4. **Belser, A. B.** & Bennett, R. G. (2020, April). *Economics of ketamine treatment*. Psychedelic Liberty Summit, Chacruna, online. <https://chacruna.net/psychedelic-liberty-summit/>
5. **Belser, A. B.** (2019) *Psychedelic Medicine*. GOOP Health Summit.  
<https://goop.com/wellness/mindfulness/igh-wellness-summit-recap-2019/>
6. **Belser, A. B.** (2019, July) *A Queer Critique of the Psychedelic Mystical Experience*. Queering Psychedelics Conference.  
[https://www.youtube.com/watch?v=0RBS57JiTms&feature=emb\\_imp\\_woyt](https://www.youtube.com/watch?v=0RBS57JiTms&feature=emb_imp_woyt)
7. **Belser, A.B.** (2017, April) *Of roots and fruits: a comparison of psychedelic and non-psychedelic mystical experiences*. Paper presented at the Psychedelic Science 2017 Conference, Oakland, CA.
8. Swift, T. C., **Belser, A.B.** (2017, April) *Cancer at the dinner table: experiences of psilocybin-assisted psychotherapy for the treatment of cancer-related psychological distress*. Paper presented at the Psychedelic Science 2017 Conference, Oakland, CA.
9. **Belser, A. B.** (2017, May). *Psilocybin-assisted psychotherapy for anxiety and depression in cancer patients: A randomized clinical trial*. Grand Rounds, Mount Sinai Beth Israel Hospital, May 2017.
10. **Belser, A.B.** (2016) *Real, relational, and embodied: The first qualitative study of patient experiences of psilocybin-assisted psychotherapy*. Paper presented at the Interdisciplinary Conference on Psychedelics Research (ICPR), Holland.
11. **Belser, A.B.**, Doblin, R., Griffiths, R., Richards, W. (2016) *Psychedelics and Spirituality Panel*. Interdisciplinary Conference on Psychedelics Research (ICPR), Holland.
12. **Belser, A.B.**, Doblin, R., Feilding, A., Garcia, A., Gorman, I. Holland, J. (moderator) (2015) *What's the latest psychedelic research telling us?* Panel Discussion, 2015 International Drug Policy Reform Conference, Rosslyn, VA.
13. **Belser, A. B.**, Agin-Liebes, G., Swift, T. C., Ross, S (2015, May). *Psilocybin-administration as a treatment for anxiety in cancer patients: An interpretative phenomenological analysis*. Paper

presented at the Society for Qualitative Inquiry in Psychology (SQIP) 2015 Annual Conference Symposium, The Graduate Center, City University of New York New York, NY.

14. Frank, J. A., **Belser, A. B.**, Barletta, Z. Y., McCutcheon, M. J., Russell, S. T., Grossman, A. H. (2014, August). *Potential mediators explaining elevated suicide ideation among bisexual male youth*. Paper presented at the American Psychological Association Convention, 2014, Washington, DC.
15. **Belser, A. B.**, Paleos, C. & Guss, J. (2014). *Toward a New Understanding of Non-Ordinary States of Consciousness: Egolysis and Egolytic States*. Paper presented at the Horizons Conference 2014, New York, NY.
16. **Belser, A. B.**, McCutcheon, M., Young, D., Frank, J., Russell, S., Grossman, A. H. (2014, March). *Do minority stressors predict negative outcomes among today's LGBQ youth? Paper discussion symposium: Bullying-victimization of LGBQ youth: roles of education, parents, and gender non-conformity*. Paper presented at the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
17. Frank, J., Young, D., Greenblatt, C., McCutcheon, M., **Belser, A. B.**, Russell, S., Grossman, A. H. (2014, March). *The impact of school-based victimization and positive parental reactions to sexual identities on LGBQ youth. Paper discussion symposium: Bullying-victimization of LGBQ youth: roles of education, parents, and gender non-conformity*. Paper to be presented at the Biennial Meeting of the Society for Research on Adolescence, Austin, TX.
18. Grossman, A. H., **Belser, A. B.** (2013, June) *Bullying, mental health issues, and suicide among LGBTQ youth*. Paper presented at the 1<sup>st</sup> International LGBT Psychology Conference, Lisbon, Portugal.
19. McCutcheon, M. J., **Belser, A. B.**, Frank, J. A., Greenberg, M. B., Grossman, A. H., & Russell, S. T. (2013, April). *Racial stress and LGBT stress as predictors of suicide ideation*. Paper presented at the Conference of the Society for Research in Child Development, Seattle, WA.
20. **Belser, A. B.** (2012). *The rule of three from NYU: (1) A patient speaks, (2) A proposed narrative study of patient experiences, and (3) Recent findings from the NYU Psilocybin Cancer Anxiety Study*. Paper presented at the Horizons Conference 2012, New York, NY.
21. **Belser, A. B.** (2010). *The New York University Psilocybin Cancer Anxiety & Spirituality Project*. Paper presented at the New York Academy of Medicine, Conference of the Society for Integrative Oncology, New York, NY.

#### Conference Posters:

1. Barletta, Z., **Belser, A.B.**, Frank, J., Russell, S., Grossman, A. H. (2015, August). *The role of nonsuicidal self-injury in suicidality among LGBTQ youth*. Poster, American Psychology Association's 2015 Convention, Toronto, Canada.
2. Frank, J. A., McCutcheon, M. J., **Belser, A. B.**, Goulding, J., Huynh, P. P. T., Greenberg, M. B., Russell, S. T. & Grossman, A. H. (2013, November) *Suicidal ideation and parental reactions to LGBT identity disclosure*. Poster presented at the American Public Health Association's 2013 Annual Meeting, Boston, MA.
3. Frank, J. A., Goulding, J., McCutcheon, M. J., **Belser, A. B.**, Greenberg, M. B., Grossman, A. H. & Russell, S. T. (2013, April) *Social support and suicide resilience*. Poster, Conference of the Society for Research in Child Development, Seattle, WA.
4. **Belser, A.** (2011). *The intersection of substance use and offending behaviors as disclosed by inmates in a United Kingdom prison*. Poster, American Psychology Association's 2011 Convention, Washington, D.C.
5. **Belser, A.** (2011). *Psychosocial distress in advanced cancer patients: an overview of psilocybin-assisted psychotherapy and the ongoing New York University Phase II pilot study*. Poster, American Psychology Association's 2011 Convention, Washington, D.C.

#### **Invited Lectures:**

1. **Belser, A. B.** (2016). *Psilocybin-assisted psychotherapy and psychedelically occasioned mystical experiences: A preview of recent findings*. Invited Speaker, Yale School of Medicine, New Haven, CT.
2. **Belser, A. B.** (2016). *Psilocybin treatment for anxiety and depression in patients with life-threatening cancer: A randomized clinical trial*. Invited Speaker, University Medical Center of Utrecht, Holland.
3. **Belser, A. B.** (2014). *Person-centered therapy: an introduction to the Rogerian approach*. Invited Speaker, New York University undergraduate class, New York, NY.
4. **Belser, A. B.** (2013). *A mixed methods framed critique of psilocybin-assisted psychotherapeutic intervention research*. Invited Speaker, Presentation, Albert Einstein College of Medicine, New York, NY.
5. **Belser, A. B.** (2013). *Psilocybin-Assisted Psychotherapy as a Treatment for Cancer Anxiety*. Invited Speaker, Presentation, Integral New York, New York, NY.
6. Verdeli, H. & **Belser, A. B.** (2011). *Cognitive behavioral therapy for depression: an introduction to behavioral activation and problem-solving*. Class co-taught at Teachers College,

Columbia University, course: CCPX 4037, Cognitive Behavioral Theory in Clinical Populations.

7. **Belser, A. B.** & Voursura, E (2011). *Cognitive behavioral therapy for the anxiety disorders: A review*. Class lecture co-taught at Teachers College, Columbia University, course: CCPX 4037, Cognitive Behavioral Theory in Clinical Populations.
8. Voursura, E. & **Belser, A. B.** (2011). *Cognitive behavioral therapy for depression: A review*. Class lecture co-taught at Teachers College, Columbia University, course: CCPX 4037, Cognitive Behavioral Theory in Clinical Populations.
9. **Belser, A. B.** (2011). *Social and intellectual attitudes toward drug-induced religious experience: A review of the article by James Bakalar*. Lecture presented at the NYU Langone Medical Center of Excellence on Addiction.
10. **Belser, A. B.** (2011). *Mindfulness: Clinical interventions and a review of the physical and mental health benefits*. Lecture presented at the NYU Langone Medical Center of Excellence on Addiction.
11. **Belser, A. B.** (2010). *World tree on fire: toward a psychological model for engaging large scale disaster and death events*. Lecture presented at the Poetry Science Talks, New York, NY.
12. **Belser, A. B.** (2009). *Narratives of substance use*. Presentation to the clinical research team, Langone Center of Excellence, Bellevue Hospital.
13. **Belser, A. B.** (2008). *Making good: sense-making after nadir experiences*. Presentation to the clinical research team, New York University Medical Center.
14. **Belser, A. B.** & Appelbaum, L. (2005) *Strength-based assessments from intake to parole: Improving reentry outcomes*. Presentation to the Staff of Framingham Women's Prison, Massachusetts Department of Corrections.
15. **Belser, A. B.** (2005). *Stories of drug use by UK prisoners*. Invited Lecture at the Cambridge University Summer Programme.
16. **Belser, A. B.** (2004-2005). *Designing community websites using Dreamweaver*. Course Instructor at Byteback, a community technology center (CTC) in Northeast Washington, D.C.
17. **Belser, A. B.** (2005). *Electronic evidence and data systems management*. Visiting Faculty, Course Presentation, National Advocacy Center, United States Department of Justice, Columbia, SC.
18. **Belser, A. B.** (2004). *E-Trial presentations*. Visiting Faculty Course Presentation, National Advocacy Center, United States Department of Justice, Columbia, SC.
19. **Belser, A. B.** (2002). *Service-Learning curriculum: Working with underprivileged populations*.



Presentation before the Board of Trustees, Georgetown University College of Arts and Sciences.

### University Service:

- 2014 – 2015    ***Co-Chair, Student Action Group***, NYU Dept. of Applied Psychology Doctoral Program.
- 2010-2011    ***Student Senator***, Clinical Psychology, Teachers College, Columbia University Student Senate.
- 2010-2011    ***Student Affiliate***, American Psychological Association.
- 2009           ***Affiliate***, American Psychological Association.
- 2004-2005    ***Elected Member***, Committee of Management, Cambridge University Law Faculty.
- 2004-2005    ***LGBT Representative***, Master's Committee, Queens' College of Cambridge University.
- 2004-2005    ***Elected Master's Representative***, Master's Degree Committee, Cambridge University Institute of Criminology.

### Professional Qualifications:

- Other Qualifications:    Atlas.ti, computer-assisted qualitative data analysis software  
Microsoft Access Database: multi-user application development  
Advanced Proficiency in MS Office Suite: Excel, Word, PowerPoint  
Assistant Yoga Instructor, Kusala Studio, Greenpoint, Brooklyn, NY, 2012
- Programming:            SQL Programming: Sybase, MYSQL and SQL Server  
Adobe Flex development: database driven graphic user interfaces  
Visual Basic for Applications (VBA)  
Website Development: Dreamweaver and HTML coding
- Statistical Packages:    R statistical programming language  
MPlus (factor analysis, structural equation modeling)  
IBM SPSS Statistics 21  
Stata (longitudinal growth curve analysis, nested-data analysis)

## Podcast Interviews

1. *Voices of Esalen* podcast  
The Esalen Institute. (2021, Jan 22). The Psychedelic Moment, Pt. 3: Dr. Alexander Belser on Queering the Psychedelic Movement [Audio Podcast episode]. In *Voices of Esalen*. Apple Podcast. <https://podcasts.apple.com/us/podcast/psychedelic-moment-pt-3-dr-alexander-belser-on-queering/id1084621605?i=1000506248288>
2. *GOOP* podcast  
Loehnen, E. (2018, December 11). Are Psychedelics a Mental Health Panacea. [Audio Podcast episode]. In *The goop Podcast*. Apple Podcast. <https://podcasts.apple.com/pg/podcast/are-psychedelics-a-mental-health-panacea/id1352546554?i=1000425582391>
3. *Psychedelics Today* Podcast  
Buller, K. (2019, June 18). How Privilege Affects Gender Inclusivity in Psychotherapy. [Audio Podcast episode]. In *Psychedelics Today*. <https://psychedelictoday.com/2019/06/18/dr-alexander-belser-how-privilege-affects-gender-inclusivity-in-psychotherapy/>
4. *Expanding the Mind* Podcast  
Davis, E. (2019, June 2). Queering Psychedelics. [Audio Podcast episode]. In *Expanding Mind*. <https://techgnosis.com/queering-psychedelics/>
5. *ACISTE Community Conversation on Psychedelics*  
Sabat, E. (2019, Mar 1). ACISTE Community Conversation on Psychedelics and STEs March 2019. [Video Podcast episode]. In *ACISTE Non-Profit*. YouTube. <https://youtu.be/TEY5X9y0HXU>
6. *Science of Spirituality* Podcast  
Yaden, D.B. (2016, Apr 12). David Bryce Yaden & Alex Belser. [Audio Podcast episode]. In *Science of Spirituality*. MeaningofLife.tv. <https://podcasts.apple.com/us/podcast/david-bryce-yaden-alex-belser/id1076697354?i=1000366726630>
7. *Relationship Advice* Podcast  
Kosterlitz, C., & Kosterlitz, S. (2019, Dec 12). Psychedelics, Dance and Breathing: How Ecstatic Practices Can Improve Your Relationship (No. 228). [Audio Podcast episode]. In *Relationship Advice*. Spotify. <https://open.spotify.com/episode/05xkqkgdp7OjIeSnf7AAZ1>

## Media Coverage Featuring Dr. Belser

1. ***Discover Magazine: (Cover Feature)***  
*A Q&A with Dr. Alex Belser*

Meinch, T. (2021, June 10). *Psychedelics Could Be the Future of Psychotherapy*. Discover Magazine. Retrieved from <https://www.discovermagazine.com/mind/psychedelics-could-be-the-future-of-psychotherapy>.

2. ***The Guardian: Welcome to the trip of your life: The rise of underground LSD guides***

Dunne, C. (2018, December 6). Welcome to the trip of your life: the rise of underground LSD guides. *The Guardian*. Retrieved 2022, from <https://www.theguardian.com/society/2018/dec/06/lsd-guides-psychedelic-assisted-psychotherapy>.

3. ***The Atlantic: Prescribing Mushrooms for Anxiety***

Morin, R. (2014, April). Prescribing Mushrooms for Anxiety. *The Atlantic*. Retrieved 2022, from <https://www.theatlantic.com/health/archive/2014/04/chemo-for-the-spirit-lsd-helps-cancer-patients-cope-with-death/360625/>.

4. ***GOOP: A Q&A with Alex Belser, PhD***

Belser, A. (2019). Can an Ecstatic Practice Create Change in an Instant? [web log]. Retrieved 2022, from <https://goop.com/wellness/health/how-to-change-yourself/>.

5. ***Hollywood Reporter: Inside Gwyneth Paltrow's Goop Summit***

Brunner, J. (2019, March 11). *The Hollywood Reporter*. Retrieved 2022, from <https://www.hollywoodreporter.com/lifestyle/style/inside-gwyneth-paltrow-s-goop-summit-2019-1193800/>.

6. ***Newsweek: Ecstasy and Acid in Your Medicine Cabinet? Doctors Explore Psychedelics***

Main, D. (2014, October 14). Ecstasy and Acid in Your Medicine Cabinet? Doctors Explore Psychedelics. *Newsweek*. Retrieved 2022, from <https://www.newsweek.com/2014/11/07/thats-trip-scientists-discuss-merits-psychedelics-medicine-277383.html>.

7. ***Lucid News: Therapists See Benefits and Risks in Psychedelic Therapy During Covid-19 Crisis***

Sakellaridis, F. (2020, April 15). Therapists See Benefits and Risks in Psychedelic Therapy During Covid-19 Crisis. *Lucid News*. Retrieved 2022, from <https://www.lucid.news/benefits-risks-psychedelic-therapy-covid-19/>

8. ***Lucid News: Psychedelic Liberty Summit Demonstrates Diversity in Cyberspace***

Garfield, M. (2020, May 1). Psychedelic Liberty Summit Demonstrates Diversity in Cyberspace. *Lucid News*. Retrieved 2022, from <https://www.lucid.news/psychedelic-liberty-summit-demonstrates-diversity-cyberspace/>.

9. ***Lucid News: Elijah McClain's Death Spotlights Ketamine Use in Law Enforcement Actions***

Powers, N., & Harrison, A. (2020, August 6). Elijah McClain's Death Spotlights Ketamine Use in Law Enforcement Actions. *Lucid News*. Retrieved 2022, from <https://www.lucid.news/elijah-mcclains-death-spotlights-ketamine-use-in-law-enforcement-actions/>.

10. ***Lucid News: Proposed Patent for Ketamine Treatment Challenged by Clinicians***

McGhee, A. (2020, July 1). Proposed Patent for Ketamine Treatment Challenged by Clinicians. *Lucid News*. Retrieved 2022, from <https://www.lucid.news/ketamine-treatment-patent-challenged/>.

11. ***DoubleBlind Magazine: Psychedelic Studies Have Marginalized LGBTQI+ Communities for Years—These Researchers Are Changing That***

McClure, J. (2020, June 1). Psychedelic Studies Have Marginalized Lgbtqi+ Communities for Years—These Researchers Are Changing That. *Double Blind*. Retrieved 2022, from <https://doubleblindmag.com/psychedelic-researchers-lgbtqi/>.

12. ***DoubleBlind Magazine: Where are All the Queer People?***

Hartman, S. (2019, October 28). Where are All the Queer People? *Double Blind*. Retrieved 2022, from <https://doubleblindmag.com/queer-psychedelics/>.

13. ***DoubleBlind Magazine: How Psychedelics Help with Gender Identity and Transition***

Hodges, N. (2020, June 25). How Psychedelics Help with Gender Identity and Transition. *Double Blind*. Retrieved 2022, from <https://doubleblindmag.com/psychedelics-transgender/>.

14. ***VICE Magazine: Psychedelics are for Queer Folks, Too***

Lewton, T. (2019, February 12). Psychedelics Are for Queer Folks, Too. *Vice News*. Retrieved 2022, from <https://www.vice.com/en/article/8xwz95/lgbtq-psychedelic-therapy-trauma-depression-anxiety>.

15. ***Elemental: The Trippy Science of Psychedelic Studies***

Dermendzhiyska, E. (2019, August 22). The Trippy Science of Psychedelic Studies. *Elemental*. Retrieved 2022, from <https://elemental.medium.com/the-dark-science-of-psychedelics-a3fc32be5e0b>

16. **VOX:** *The fascinating, strange medical potential of psychedelic drugs, explained in 50+ studies*

Lopez, G., & Zarracina, J. (2016, December 1). The Fascinating, Strange Medical Potential of Psychedelic Drugs, Explained in 50+ Studies. *Vox*. Retrieved 2022, from <https://www.vox.com/2016/6/27/11544250/psychedelic-drugs-ld-psylocybin-effects>

17. **Psychedelic Spotlight:** *Manhattan Hospital Partners with Cybin to Provide Psychedelic Therapies to Marginalized Communities*

Jarvieon, E. (2021, November 23). Manhattan Hospital Partners with Cybin to Provide Psychedelic Therapies to Marginalized Communities. *Psychedelic Spotlight*. Retrieved 2022 from <https://psychedelicspotlight.com/manhattan-hospital-cybin-provide-psychedelic-therapies-marginalized-communities/>

18. **Psychedelic Spotlight:** *4 Signs the Psychedelics Movement Is Unstoppable*

Gilman, G. (2022, February 23). *4 Signs the Psychedelics Movement Is Unstoppable*. *Psychedelic Spotlight*. Retrieved 2022, from <https://psychedelicspotlight.com/4-signs-the-psychedelics-movement-is-unstoppable/>

19. **Psychedelic Spotlight:** *Can the Psychedelics Boom Go Bust? A Conversation with Cybin Chief Clinical Officer Dr. Alex Belser*

Gilman, G. (2021, November 21). *Can the Psychedelics Boom Go Bust? A Conversation with Cybin Chief Clinical Officer Dr. Alex Belser*. *Psychedelic Spotlight*. Retrieved 2022, from <https://psychedelicspotlight.com/can-psychedelics-boom-go-bust-conversation-with-cybin-chief-clinical-officer-dr-alex-belser/>